

Doctor of Homeopathic Medicine (H.M.D.)

Post Doctorate - Course Descriptions

Alternative & Conventional Treatments I

3 Credit Hours

The student is introduced to the history of natural health therapies, which will include natural health development, key people, and writings (books) that have played a role in the development in the field of natural healing. Almost every known disease is dealt with that allopathic physicians regularly treat, and alternative medicines are substituted instead. NOTE: At the end of each part of I, II & III the textbook presents the various treatments such as: conventional treatments, alternative choices, herbal therapies, at-home remedies, acupuncture, biofeedback body work, chiropractic, lifestyle changes, mind/body medicine, and nutrition and diet.

Alternative & Conventional Treatments II

3 Credit Hours

This course will provide and examination of a variety of alternative health therapies such as colonics, homeopathic remedies, cancer remedies, and more that are available today. The results are also discussed.

Alternative & Conventional Treatments III

3 Credit Hours

Discusses a wide variety of treatment options for ailments and maladies that are considered holistic or alternative. This course will consider and investigate a wide variety of treatments and chart their effectiveness. As there are several modalities of therapy available, various therapies shall be compared and analyzed.

Drug-Herb-Vitamin Interaction

3 Credit Hours

It is alarming to realize that most Naturopathic Colleges offer no such course as this. Consider this: "If a family physician knew nothing about interactions, would you go back to see him/or her?" So, why shouldn't the Naturopath know as much? This study is an absolute must for the practitioner, inasmuch as it covers more than 4,500 known major interactions between pharmaceutical drugs and food specific nutrients, and herbs—for example, inhibition of vitamin K may be caused by antibiotics or iron deficiency and may be triggered by long-term use of aspirin. This is the "kind-of-stuff" that the professional needs to know. Side effects are also discussed; consider what would happen if a Naturopath gave a client extra doses of vitamin E, garlic, and ginkgo, when a client is taking heavy doses of warfarin (trade name, Coumadin—legally known as "Rat Poison"). Probably the client would be dead within 24 hours. Discussed in this study are Combination Drugs with 250 vitamins, minerals, herbs, and other nutritional supplements. Also, Interactions for herbs and supplements are discussed, as well as understanding drugs by classifications. In addition, you will learn depletion and interference, adverse interactions of drugs and supplements, bioavailability (that is, the indications of how herbs and supplements decrease absorption).

Food Remedies**3 Credit Hours**

One of the most important courses you may take to learn about the right kind of foods that heal. Aspects such as Daily Recommended doses and how they affect different organs in the body are discussed. Also, the physiological considerations are discussed as well such with each malady. For example, if someone has a headache you would learn how to recognize the etiological background of the headache thorough the consideration of histamine reaction, intestinal toxins, liver disease, kidney disease, eye strain, sinusitis, anemia, infection, and toxemia. Every professional needs to learn this important information before entering a private practice.

Homeopathy I**3 Credit Hours**

Start from the beginning by learning about the history and “vital force” of homeopathy. An introduction is provided that will teach you about: dosage, maintaining harmony, replicating reactions, differentiating symptoms, range of symptoms, diagnosis, particular and general systems, case studies, homeopathic dilutions, homeopathic aggravations, homeopathy and conventional western medicine, the practice of homeopathy, genetic predisposition, identifying the five miasms, how to choose a remedy, contraindications, staying healthy, avoiding common illnesses, homeopathic materia medica, and the study and use of the most common homeopathic remedies. At the end of learning the aforementioned, you will learn about: circulatory and respiratory systems such as asthma, bronchitis, coughs, colds and influenza, sinus disorders, loss of appetite, constipation, dyspepsia (dysfunction in digestion), earaches and much more.

Homeopathy II**3 Credit Hours**

In this part you will learn about American homeopathy, and what can be accomplished with it. You will be amazed when you learn of the track record of homeopathy which has been opposed by big pharmaceutical companies as “bunk.” The measures of disease preventions are discussed, plus the dosage and the provings.

Homeopathy III**3 Credit Hours**

Homeopathy helps you restore your spiritual vital force rather than suppress symptoms with pharmaceutical drugs. What if instead of spending time and money going to the ER or pharmacy you could safely and effectively treat your family at home for common ailments such as ear infection, colds, and much more. This course will help you act as your own homeopath to treat everyday illness and give you valuable tools for you and your family’s health.

Cardiovascular Disease**2 Credit Hours**

This study uses a textbook authored by 12 imminent physicians. Some of the things you will learn are: What causes heart diseases, cleaning the arteries, what nutritional supplements to use, herbs, causes of high blood pressure, how to use diet and exercise to lower blood pressure. Stroke is discussed in detail. Treatment methods such as Oxygen Therapy are mentioned. Many diagrams are used to explain how the heart works and what is wrong with it when it doesn’t work. Other subjects discussed are: The lack of benefit in bypass surgery, the lack of evidence for the cholesterol danger, homocysteine, reversing heart disease, benefits of coQ10, and the benefits of Chinese medicine, and much more.

Immunology**3 Credit Hours**

People are constantly exposed to a barrage of germs and pathogens. Daily stressors compromise and challenge the body's ability to fight infection and stave off disease. This course teaches one the fundamental concepts of how we should take care of ourselves as adults. It demonstrates how to exercise, eat nutritiously, rest sufficiently and the importance of drinking lots of pure water. The authors attempt to prove that most people overestimate their bodies' abilities to resist illness, and don't give themselves the tools to fight off sickness and disease. The course integrates Western and Eastern approaches into a form of holistic medicine.

Nutritional Therapies**3 Credit Hours**

This course provides a detailed study of a nutritious diet, and how to select foods that maximize healing. Discussed also are subjects such as: phytonutrients, antioxidants, immunity foods that boost metabolism, healing foods, diet for children, mothers, adults, vegetarians, and others. Further studies are in juicing, fasting, organic foods, detoxification, dietary dangers, unsafe water, food-borne diseases, food additives, genetically engineered foods, irradiated foods, and undesirable substances such as caffeine, cholesterol, and sugar. Special learning is supplied for menopausal problems, digestion and absorption, arthritis, aches, and pains, avoiding the drug cycle, preventing dementia and Alzheimer's, diet analysis, symptom analysis, biochemical analysis, and much more.

Cancer**3 Credit Hours**

One out of three women and one out of two men will face a cancer diagnosis at some point in their life. If you or your loved one's lives have been touched by cancer you know the toll it takes on a family system. There are many methods that we can access to treat this disease that go beyond chemotherapy and radiation. You will learn the alternative treatments including bio-oxidative therapies, enzyme and metabolic therapies, and much more. You will also see the politics behind cancer treatment and research, how life-saving treatments have been kept from the public, how to know what tests your doctor may not even know to order and how to get them. This course will be a vital reference guide to anyone trying to avert cancer or conquer it.

Longevity**3 Credit Hours**

This course gives details and facts on the latest research for living longer. Through this study one will learn how to enjoy a more vital, disease-free life, a sharp memory, and a longer lifespan.

The PH Balance**2 Credit Hours**

Your body's pH balance is the key to optimal health, weight, mental clarity, and overall vigor. It is important to strike the right balance by nourishing your body with certain foods to create an alkaline environment. This innovation program, proven effective over decades, works with the body chemistry to revitalize and maintain health.