HAVE YOU HEARD ABOUT GEMA?

Guardian Ecclesiastical Medical Association (GEMA) is a non-profit religious organization offering:

- **Licences**
- **Registration**
- **Board Certification**
- **Diplomate**

...to qualified Holistic Health Practitioners and Christian Counselors - US only.

*(Foreign Practitioners may apply for the "Diplomate Status only"*)

GUARD and GROW your Holistic Health Services Safe & Legally!

[Click here to visit the GEMA website](#)

Wine is full of healthy polyphenols. But what's a polyphenol?
These antioxidants set wine apart from other alcoholic beverages. Here's what they mean for your health.

**3 Natural Dog Mosquito Repellent Options**

Spring has been wet and cool in most states this year and that means increased mosquito and black fly activity this summer. Here is a brief guide to help you protect your dog safely and effectively.

What are the benefits of activated charcoal?

Superheating natural sources of carbon, such as wood, produces activated charcoal. This article will discuss some of the ways people use activated charcoal, its potential benefits, and if there are any risks.

Cancer-fighting foods you can share with your dog

From colorful fruits and vegetables to mushrooms and seaweed, these amazing cancer-fighting foods are packed full of nutrients.